

March Lunch Menu

Macomb County
Residents 60 and older

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| | |  | | 1 Potato Crunch Pollock w/ Rice Pilaf, Peas w/ Pearl Onions, Carrots, Fruited Gelatin & Dinner Roll |
| 4 Turkey Burger, Malibu Vegetable Blend, Marinated Cucumbers, Tomatoes w/ Onions & Apricots | 5 Creole Chicken Over Brown Rice, Creole Green Beans, Corn Relish, Tropical Fruit Salad & Paczki Mardi Gras Party | 6 Tuna Salad on Croissant, Macaroni Salad, Broccoli Cheese Soup , & Orange | 7 Hawaiian Meatballs, Garlic Mashed Potatoes, Confetti Coleslaw, Banana & Warm Peach Crisp | 8 Vegetable Lasagna, Carrots, Italian Garden Salad, Yogurt w/ Strawberries & Italian Bread International Women's Day |
| 11 Beef Stir-fry Over Brown Rice, Vegetable Egg Roll, Oriental Vegetables, Pear & Wheat Bread | 12 Roast Turkey, Garlic Mashed Redskin Potatoes, Green Beans, Apple & Dinner Roll | 13 Pasta Beef w/ Tomato Casserole, Sicilian Vegetables, Garden Salad, Mandarin Oranges & Italian Bread | 14 Polynesian Chicken Breast, Baked Potato, Broccoli Raisin Salad, Dinner Roll & Warm Berry Cobbler | 15 Corned Beef, Potatoes, Cabbage, Carrots, Lime Gelatin, & Gingerbread Man Cookie St. Patrick's Day Party |
| 18 Balsamic Chicken Breast Sandwich, Peas w/ Pearl Onions, Confetti Coleslaw & Pineapple | 19 Beef Sauce Over Rotini, Green Beans, Italian Garden Salad, Vanilla Yogurt, Strawberries & Italian Bread | 20 Roast Pork w/ Gravy, Garlic Mashed Potatoes, Key West Vegeta- bles, Applesauce & Birthday Cake Birthday Party | 21 BBQ Chicken Breast w/ BBQ Sauce, O'Brien Potatoes, Baked Beans, Banana & Corn Bread | 22 Potato Crunch Pollock, Garlic Mashed Potatoes, Brussels Sprouts, Fresh Orange & Dinner Roll |
| 25 Pepper Steak Over Rotini Pasta Carrots, Brown Bean Salad, Pear & Wheat Bread | 26 Baked Crispy Chicken, Scalloped Potatoes, Broccoli Raisin Salad, Mixed Berries w/ Whip Topping & Dinner Roll | 27 Turkey Enchi- lada Casserole, Refried Beans, Garden Salad, Dinner Roll & Pineapple Dessert | 28 Beef Stew, Warm Spiced Peaches, Spinach Salad, Fruited Gelatin & Biscuit | 29 Egg Salad on Croissant, Cucum- bers, Tomatoes w/ Onions, Twice Baked Potato Chowder , & Apple |