




MAY 2017 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1	2	3	4	5	6
Wii Bowling Week #9	Shape-Up 10:30am Sit 'n Knit 11am	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Pizza, Comedy, & Game Night 4-7pm	Shape-Up 10:30am Euchre 12:30pm	Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	Drop In Activities Chair Yoga 12:30pm	
7	8	9	10	11	12	13
Wii Bowling Week #10	Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	TULIP TIME TRIP DEPARTS 6:45am Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Pinochle 12:30pm	Zumba Gold 10am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	Drop In Activities Dr. Farrar 9:30-11am Chair Yoga 12:30pm	
14	15	16	17	18	19	20
Wii Bowling Week #11	Dollar Donut Day 9-11am Shape-Up 10:30am Sit 'n Knit 11am	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Euchre 12:30pm	Zumba Gold 10am Stroke Club 12:30pm Ask a Lawyer 1-3pm Pickleball 1-3pm	Drop In Activities	
21	22	23	24	25	26	27
Wii Bowling Week #12	Spring Plant Exchange 9am-1pm Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Pinochle 12:30pm	Veteran Services 9am-1pm Zumba Gold 10am Gourmet Guild 11:30am Red Hat Tea Party 11:30am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	Drop In Activities	
28	29	30	31			
	MEMORIAL DAY  SENIOR CENTER CLOSED	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Euchre 12:30pm		FITNESS CENTER HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm	

APRIL 2017 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
	FITNESS CENTER HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm	<i>Happy Easter from the Staff</i>				OPEN WALKING LARGE GYM Monday-Friday 8:30am - 9:30am	1
2	3	4	5	6	7	8	
Wii Bowling Week #5	Shape-Up 10:30am Sit 'n Knit 11am	Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Veterans SVC 9am-3pm Shape-Up 10:30am Euchre 12:30pm	Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	Drop In Activities Chair Yoga 12:30pm		
9	10	11	12	13	14	15	
Wii Bowling Week #6	Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Pinochle 12:30pm	Zumba Gold 10am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	 GOOD FRIDAY SENIOR CENTER CLOSED		
16	17	18	19	20	21	22	
Wii Bowling Week #7	Shape-Up 10:30am Sit 'n Knit 11am NO LUNCH	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Euchre 12:30pm	NO Zumba Gold Stroke Club 12:30pm Ask a Lawyer 1-3pm NO Pickleball NO LUNCH IN ROSEVILLE	NO Drop In Room Gourmet Guild 11:30am NO Chair Yoga NO LUNCH IN ROSEVILLE		
23/30	24	25	26	27	28	29	
Wii Bowling Week #8	NIAGARA TRIP DEPARTS Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm Recreation Master Plan 1pm	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am National Pretzel Day 11am-1pm Pinochle 12:30pm	Zumba Gold 10am Red Hat Outing 8:30am-3:30pm Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	Drop In Activities Chair Yoga 12:30pm		